



## Requirements for Basic Life Support (BLS) (Cardiopulmonary Resuscitation (CPR))

At NBRHC, our standard is for staff to have **Level HCP CPR**. Health Care practitioner level CPR provides training for those working in the healthcare field or students in related education programs.

### Courses that cover Level HCP CPR:

- Standard First Aid with level BLS-HCP CPR & AED
- Emergency First Aid with level BLS-HCP CPR & AED
- BLS-HCP Level CPR & AED

### Level HCP CPR Providers in North Bay:

<u>Provider</u>	<u>Number</u>	<u>Contact</u>
St.Johns Ambulance	1-705-495-3626	<a href="mailto:north.bay@on.sja.ca">north.bay@on.sja.ca</a>
First Aid 4u	1-866-966-4566	<a href="mailto:service@firstaid4u.ca">service@firstaid4u.ca</a>
Canadian Red Cross	705-472-5760	<a href="mailto:northbay@redcross.ca">northbay@redcross.ca</a>
HeartZap Safety Training	1-866-764-8488	<a href="https://heartzap.ca/">https://heartzap.ca/</a>
Heart & Stroke	1-877-473-0333	<a href="mailto:rsc@heartandstroke.ca">rsc@heartandstroke.ca</a>
Shockwaves	1-705-499-5934	<a href="http://shockwaves.ca">http://shockwaves.ca</a>

### Next Steps:

As a condition of employment with NBRHC, annual re-certification for Level HCP CPR is required. If you have a current CPR card, please send your proof of completion to [recruitmentteam@nbrhc.on.ca](mailto:recruitmentteam@nbrhc.on.ca). Most community based providers' cards expire within three years, however, NBRHC expectation is that if you are hired with an active card (i.e.: your card has not yet expired) **you are required to re-certify by December 31<sup>st</sup>**. Re-certification courses are frequently offered at NBRHC for you to sign up once you are an employee, or you can pursue a re-certification course in the community before the end-of-year deadline.

If you have any questions on next steps, please contact Recruitment & Retention:  
[recruitmentteam@nbrhc.on.ca](mailto:recruitmentteam@nbrhc.on.ca)